



**Ru Yi Studio/Gallery  
of Chinese Cultural Arts**

**Dear Friends of Ru Yi Studio/Gallery:**

Happy new year! This is the Chinese Lunar Year Of The WOOD MONKEY! Instead of sending you to a Chinese restaurant to read the placemats, I would like to invite you to join me in a meditation on four specific energy points for our practice, studies and cultivation:

VITALITY - CONFIDENCE - HUMILITY- ENDURANCE

The famous legendary figure in Chinese mythology, The Monkey King Sung Wu Kong jumps out at us almost immediately when we think of these four energy points that we need to focus on.

The story of the Monkey King was written by Wu Chen-En during Qing Dynasty. He named it "Journey To The West". It chronicled the legendary journey of a Tang Dynasty Buddhist Monk, Xuan-Zhuan, sometimes also called Tang Zhen (Tang Monk). This now famous adventure was largely enhanced by the Monkey King and his fellow mythical creatures, who assisted the Monk on his journey to seek Buddhist scriptures and brought them back to China during Tang Dynasty. (596-664).

Sung Wu Kong, Monkey King, was a talented deity who can travel thousands of miles in one single somersault, or blow up a storm by a single puff of breath, change his shape into a little bumble bee and wield a huge stick which came out of a tiny needle tucked behind his ear.

He was the king of all monkeys residing on 'Flower Fruit Mountain'. When he was serving in the celestial palaces as the head groom for the Jade Emperor he mischievously stole the sacred peaches from a banquet. Escaping from the celestial guards, he nevertheless was captured by Buddha and kept under a mountain shaped like the Buddha's hand to repent for hundreds of years. Later, when Buddha needed his service to escort Xuan-Zhuan on the sacred journey, it was his chance to redeem himself.

Eventually, using his vitality and skills, and suffering through much hardship, he accomplished his mission as well as learned humility to become one of the many heroes in Chinese mythology. Incidentally, his name Buddhist name Wu Kong meant: 'enlightenment from the wisdom of emptiness'.

Until we can bring you more news of our new year programs and activities, let me wish you all a good year of studies, practice, fulfillment and joy of humility.

Amitofo, Blessings, and Peace,

Pearl Weng Liang Huang

The image shows a calligraphic signature of Pearl Weng Liang Huang in black ink. To the right of the signature is a square red seal with Chinese characters in seal script.

## ANNOUNCEMENTS

### SPRING 2004 WORKSHOPS:

Chinese Calligraphy Qi Gong : March 13, 2004

10 spaces maximum. Early enrollment is encouraged. Register by February 25, 2004 for a discount.

Call 505-776-5126 or email to [huang@ruyistudio.com](mailto:huang@ruyistudio.com)

Send your name, telephone number and mailing address so we can confirm your registration.

### PEOPLE NEWS

On October 28, 2003 my baby granddaughter was born in Oregon

Her name is

Autum Rose

"With every newborn we are reborn

Life's everlasting energy continues"



UNM Taos Qi Gong and Chinese classes had their field trip here at Ru Yi studio in December, 2003 before the school year ended. Students participated in wonderful presentations relating to our learning.

### UNM TAOS CHINESE CLASS AND QI GONG CLASSES FIELD TRIP



Thank you all for your support and participation throughout 2003.  
Together we will link our heart/minds to strengthen our continuing practice and growth.

RU YI STUDIO/GALLERY NEWS

Mag Dimond's "Meditation in Jewelry" show  
was held [here](#) at Ru Yi Studio in October 2003.

We had a wonderful turnout.

The next day, a meditation beading workshop was held.

Please feel free to send your comments, and share your learnings with us. However, due to time and space, we will exercise discretion in choosing the material for publication. Contributors will kindly waive their copyright since this newsletter is not for commercial circulation. We thank you for your support.



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